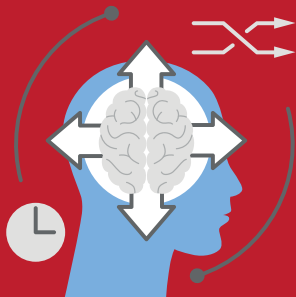


# HOW IS FEIPS DIFFERENT TO ELSA?

ELSA involves the identification of specific emotional literacy targets towards which the pupils work, guided by the ELSA through a carefully planned programme of support.

Whilst ELSAs deliver skill based programmes, FEIPS sessions are more pupil-led. The FEIPS Practitioner facilitates a helping conversation using counselling practices.

Simply put, ELSA teaches skills and FEIPS offers a time to talk.



# FEIPS

Framework for Enhanced  
Individual Pastoral  
Support

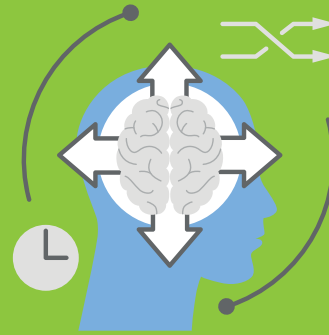




## FEIPS PRACTITIONERS

FEIPS Practitioners are trained members of staff who can offer a young person a safe and supportive environment to talk about difficult issues in confidence. They listen to a young person's views, experiences and feelings without judgement in an atmosphere of respect and empathy based on a secure and trusting relationship.

FEIPS practitioners have regular supervision from Educational Psychologists to help them with their work.



## FEIPS Sessions What Happens?

The child has a regular slot during the school week for 30 minutes, for a targeted period of time, but can be longer.

Sessions are confidential and offer the child an opportunity to talk about issues that are of concern to them. Nothing will be shared with anyone without the child's consent, unless there is a Safeguarding concern.

Sessions are one to one and pupil-led. Sessions may involve play based materials or activities.

## HOW CAN FEIPS HELP MY CHILD?

FEIPS offers a safe place to talk and enables the child to:

- Explore and deal with painful emotional issues.
- Look at circumstances differently.
- Cope better with issues, concerns and situations.
- Achieve some level of understanding with regard to thoughts, emotions and behaviours.
- Feel better about themselves.
- Accept their limitations and strengths, and to start to feel more positive about them.
- Change behaviours which may have negative consequences.
- Maximize the opportunity to reach their full potential.

